



Encore Retreat



We're so excited to welcome you to our **Encore Senior Adults Retreat** this September!

ARRIVAL AND CHECK IN

When you arrive at camp the camp staff will greet you on the driveway and direct you. Follow signs along the driveway. **Check In begins at 11:30 AM.**

When you check in you will receive your housing assignment.

Housing & Open Recreation

HOUSING: For those staying in our retreat centers: All rooms have twin size bunks so pack bedding accordingly. Bathrooms are just a short walk down the hallway. Couples will have their own rooms. Singles may be housed with other singles but only if we need the space.

OPEN RECREATION: All activities are included in your registration fee, there is no additional cost.

Zipline

Leather Crafts

Pontoon Rides

Crafts

Horse Drawn Wagon Rides

Board Games

Gift Shop/Snack Shop *Bring cash/card for purchases



Dietary Restrictions

We do offer some food options for those with dietary restrictions. To view our dietary statement please go to our website www.shamineau.org. and proceed to the "Forms and Information" section. For specific questions email foodservice@shamineau.org.

[FIND OUT MORE](#)



Insurance Coverage

Camp Shamineau carries excess medical coverage. This means that any medical bill resulting from injury to a camper must first be submitted to the patient's health carrier. Illness treated at camp must be covered by the patient. Hospitals are available in Staples, Little Falls, and Brainerd for emergencies. On our staff we have a number of First Responders and EMT's.

Typical Schedule

Monday

11:30am	Check-in
12:00pm	Lunch (Dining Hall)
1:00pm	Session 1 (Oak Hollow)
2:30-5:00pm	Free Time
5:00pm	Dinner (Dining Hall)
6:30pm	Session 2 (Oak Hollow)
7:30pm	Encore Extravaganza (Gym)

Tuesday

8:00am	Breakfast (Dining Hall)
9:00am	Vision of Camp Shamineau (Oak Hollow)
9:45am	Coffee and Snacks
10:00am	Closing Chapel (Oak Hollow)

DIRECTIONS 2345 Ridge Rd, Motley, MN 56466

Travel time is approximately 2½ hours from the Twin Cities. Camp Shamineau is located 28 miles north of Little Falls or 5 miles south of Motley on Hwy. 10. Watch for the brown “Camp Shamineau” sign and the green “Ridge Road” sign at mile marker #120 on Hwy. 10. Turn right on Ridge Rd and travel about 1 1/2 miles. You will see our Camp Shamineau sign on the right.

Packing List

if you think you need additional items, bring them!

- Bible
- Pillow and sleeping bag or bedding for a twin size bunk bed if staying onsite. * NO BEDDING PROVIDED
- Towel and toiletries
- Flashlight
- Casual Clothes suitable for the season
- Jacket/sweatshirt
- Tennis shoes

LOST AND FOUND –
we keep lost and
found articles for 2
weeks after the
event. Contact us
ASAP for retrieval.

WHAT NOT TO BRING:

- Firearms/weapons
- Fireworks
- Drones
- Alcohol
- Pets
- Motorized vehicles

Sample Encore Menu

Monday Lunch

Ham with Mustard Sauce
Roasted Potatoes
Corn
Dinner Rolls
Salad Bar
Pudding

Monday Dinner

Lasagna
Breadsticks
Broccoli
Salad Bar
Brownies

Tuesday Breakfast

Biscuits & Gravy
Kielbasa
Yogurt Bar
Cereal

Yogurt Bar Includes

Yogurts (GF)
Granola
Mandarin Oranges (GF)
Cottage Cheese (GF)
Berries (GF)
Cereal Bars
Instant Oatmeal
Fruit (GF)

Salad Bar Includes

Lettuce (GF)
Bacon Bits (GF)
Cucumbers (GF)
Cheese (GF)
Cherry Tomatoes (GF)
Croutons
Dressing (GF)
Carrot Sticks (GF)